

## Welcome to Dance Class!

Discover w/me (walking-3yr w/adult)  
DiscoverTOTS (age 2)  
DiscoverDance 1 (age 3)  
DiscoverDance 2 (age 4)

The DiscoverDance Early Childhood Program is designed to introduce students to the creative and expressive world of dance. Each class will enhance your child's love of the art form while also learning proper dance terminology, movement concepts, and class etiquette. These classes are educational, fun, and age appropriate!

### What to expect during our first few classes...

We will be introducing class rules and structure as well as getting familiar with the classroom setting. As each week progresses we will be able to get further along into our lessons. At home, you will begin to see your dancer singing our songs, doing our dances, and even pretending to be the teacher. We encourage you to PLAY along and help us continue the FUN and EXPLORING outside of the studio!

### A few FAQs to get us started...

#### Why is my child sitting and watching instead of dancing?

If your dancer decides they do not want to participate with their friends, the teacher may ask them to sit and watch until they are ready to come back and join the fun. This is to avoid distraction in class and for their safety. If it is becoming habit, the teacher will speak with you on how we can work together to get your dancer to participate. They are still seeing and hearing the class, so even if they are not physically participating, they are learning.

#### If my child is crying, should I come in to get him/her?

No. It is normal for a child to cry the first few days of classes. They are getting used to a new space, new grown-ups, and new friends. If your child is upset, the teacher will assess the situation and may hold his/her hand, pick them up (with their permission), or have them sit down by the wall for their safety. They will continuously be invited back to join the fun. If the teacher sees your child is ill or uncontrollably upset, she will bring them out to you. Please do not open the door and peek in. That can make the situation worse.

## A few more FAQs...

### **Should I watch my child through the viewing window?**

That depends. If your child is easily distracted, then we ask that you not watch through the window. It can be very distracting to the class especially if they are missing their grown-up. Thank you for your cooperation.

### **We are late for class. When should we enter the studio?**

If there is a song playing or live singing in session, please wait for a break in the song/singing. The entire class becomes distracted when a dancer enters the studio during a song. Thank you for your cooperation!

### **Should I stay in the lobby during the class?**

Since your dancer is so young, we would suggest doing so. If they are independent and can use the restroom by themselves, then you could probably leave. But please be back 5 minutes before your child's class is over. There is nothing worse than coming out into the lobby and not seeing your grown-up.

## Stay in Touch!

Please see the front desk if you are not receiving emails from Elite.

Email: [info@EliteDanceIL.com](mailto:info@EliteDanceIL.com)

Website: [EliteDanceIL.com](http://EliteDanceIL.com)



## Lobby Rules:

To make this year a great success, we ask that you go over our lobby rules with your dancer while they wait for their dance class to begin.

- ★ Dancers **MUST** go to the restroom before entering the studio.
- ★ Absolutely **NO** running anywhere in the building.
- ★ No jumping, hanging, or tapping on the viewing windows.
- ★ No standing or jumping on the benches.
- ★ Keep voices down so classes are not disturbed.
- ★ Absolutely no one is allowed behind the front desk except staff.

**Thank you for helping us provide a healthy and safe learning environment for your dancer!**